

How to Co-Create Using the Secret Language of the Universe

Using Astrology for your Empowerment

“In the heavens you can see man, each part for itself; for man is made of heaven. And the matter out of which man was created also shows the pattern after which he was formed.”

***Paracelsus, from Paracelsian Medicine,
in John Dee’s Alchemical Diaries***

Notes to the Reader

This book has not been written to help you understand your entire birthchart, as that is beyond the scope of one book: astrology is a vast subject. Neither will it be looking at the louder, more obvious parts of your chart; but it is focusing on the deepest, most mysterious and secret part of your birthchart that is the least well understood in Western astrology. If you like you can simply read the book straight through, but that would be missing a big opportunity in your self-understanding. It is intended to be a workbook for you to create your own alchemy, using your own birthchart downloaded free from my website using your date, time and place of birth, to help you answer the question: ‘Why am I here?’ You will be consciously co-creating as you work through this book, and understanding the best way to do that for your own life.

I hope you enjoy reading it as much as I have enjoyed writing it; I could not have imagined the deep soul journey on which it would take me. It has been a magic carpet ride.

Chapter 1 - The Journey

“If you wrote your memoir today, would your life be lived on the edge of possibility, if you held wonder in one hand and courage in another, and truly believed anything was possible?”

Jean Houston

Everyone is trying to get somewhere: a new job, a new home, a loving relationship, or trying to achieve a dream or vision. We are constantly in flux. Sometimes this can feel random and overwhelming. There are many books and self-help guides out in the world to help you, but for me there is always one vital missing step; they are general modalities, they are not specifically tailored to the individual with a deep understanding of who you are. True happiness goes beyond having a good job and a nice house. The most fundamental question in life for everyone is, ‘who am I?’

The US Centre for Disease Control recently reported that 40% of Americans have not discovered a satisfying life purpose, and lack any sense of what makes their lives purposeful and meaningful. It is well known that having purpose and meaning in your life increases not only life satisfaction, but promotes mental and physical health. So if only we had some clear, reliable guidance from something or someone who had our best interests at heart, who wanted us to be the best that we could be at any moment as a unique individual, and that we could always rely on to give us insight and direction, wouldn't that be wonderful? Who wouldn't want to have that as a life tool?

This book is about that missing step, the appreciation of you as a unique individual, and how you can be empowered by that understanding. **It will show you step by step how you can work practically with your own birthchart, downloadable free from my website now (www.pamgregory.com), to co-create your reality more powerfully than you ever have before.** This is the case even if you know nothing about astrology; this book will take you on an amazing journey of self-discovery.

By the end of reading this book you won't understand all of your birthchart, as that is a vast topic, but I'm going to be sharing some of the most profound elements of it so that you can start to live them in your own life from now on.

We are in times of seismic change in the world, and to help us navigate these changes you may have become familiar with the idea of ‘co-creating your reality’. What does this really mean? How does it actually work? How can you start to apply some of those ideas in your own life to make a difference?

This book will look firstly at what we know about the nature of reality, and that perspective has changed dramatically over recent years. I will share this new information, as it forms a vital foundation for our ‘missing step’, the template determined at your birth from which you are *always* working, whether you know it or not. In the many thousands of charts I have studied over more than four decades, I have never known anyone who does not operate from their own template, their birthchart, their astrological DNA. No-one’s life is ‘off-strategy’ relative to their birthchart. This is reflected in the many questions I will ask clients about dates in the past, specific experiences, and life-changing moments, all of which line up perfectly with their birthchart. It’s the acorn which holds all the information for their life unfoldment. So we can’t miss this step, we can’t ignore our unique template.

Our birthchart is completely unique to us, determined by our time, date and place of birth. It is our individual life map, and gives us a practical framework to guide us, but it also operates at a profound soul level. Some describe it as ‘a map of your soul on paper’, for this birthchart represents, if you like, the picture on the front of the seed packet representing who you can fully become, your ‘dharma’. I often describe this as your unique sheet of music, for it gives you your unique pattern, but it does not determine the *level* at which you play it. This is very important to understand. We can play it small or we can play it big, and the level of our consciousness determines that; but wherever we are at, our birthchart is an unparalleled guide to help us live our best life.

So the second part of this book is extremely practical, taking you step-by-step through how you can start to manifest powerfully by aligning with your very own unique birthchart. You will be focusing on a particularly deep part of your chart, and I’ll be sharing some practical ways to start to live this. You can of course just read this book cover to cover, but you’ll be missing a special opportunity in self-understanding, as the second part of this book is designed to be a workbook for you so that you can work through the process with your own chart, discovering your deeper purpose and soul’s evolution as you get further into the chapters. I can’t do this for you as I don’t know your birthchart, so this is for you to discover. The more you put into this, the more you will get back in terms of who you are, and where you are meant to be focused in this life for your greatest growth.

This is a very exciting process, and anyone who has learned some astrology will have felt that frisson of excitement, knowing that it is the beginning of a fascinating journey of self-discovery. In my own life I still so clearly remember the afternoon I had my first astrological consultation over 40 years ago, and I can still feel that soaring exhilaration of seeing on paper in front of me that my life was not random, but is purposefully connected to the intelligence of the cosmos in a profound and mystical way. I have not stopped my study since that afternoon. There is still so much to know.

Don't worry if you have very little knowledge of astrology as you start to read this book. It will offer you rich understanding, whatever level of knowledge you have - even no knowledge. I often think of the analogy of skiing to astrology; whatever level you are at in skiing, whether you are just taking your first wobbly runs down the blue slopes, or happily rushing off-piste, you can get an enormous amount out of the experience. The same is true of astrology, so even if you are starting from zero knowledge, this book will help you live your life in a richer way.

Some people consider astrology to be a superficial irrelevance, as Sun sign astrology neatly divides the world's population into 12 equal sections and expects them to have a similar experience on any given day. That is the antithesis of serious astrology, where each person's birthchart contains up to 3,000 variables; serious astrology is multi-layered, multi-dimensional, like a hologram humming with information and meaning for each individual. We are going to be looking at some of the most important elements of your birthchart in this book.

Another reason that astrology is still broadly a 'missing step' in creating our lives, is that even today it is a misunderstood language, lost in the mists of time from its origins in Ancient Mesopotamia 6,000 years ago. Also there is a secrecy about it, as for many centuries it has been highly esoteric, only studied in high academic and ecclesiastical circles by priests, astronomers and philosophers. Modern astrology has only existed for a very short time, effectively since the 1960s; and as it is still a profound, mathematical and symbolic language that demands years of study to master fully, full of strange looking symbols, it retains its air of mystery and obscurity. It is considered impenetrable by many. By the end of reading this book, you won't know all that astrology has to offer, but you will understand some of the deep and driving forces that make you who you are, and who you are meant to become in this life.

Astrology is the way that you can understand how you, as a unique individual, are connected to the divine intelligence which is always unfolding. We can track this in your birthchart at any moment. It is the hidden language which shows us how divine intelligence operates in the world, the invisible force that joins the quantum

world with the world of matter and manifestation. In understanding this, we can co-create our reality in a powerful way.

It's a little like setting off to drive from London to Edinburgh, with no map and no idea how to get there, and we just try to guess our way there. Then someone gives us a map and a GPS, and that changes everything. We are then empowered to get to where we need to be, with clarity.

So this book will shed some light on astrology, but the purpose of it is to help you live a bigger, better life. How can you take this ancient, symbolic, mathematical language and make it operate in your life? How can you use it on a daily basis to enable you to discover and live who you really are, your authentic self? Your birthchart is the map that leads you back to your true self, and the closer your day to day life reflects who you really are, the better your life will work.

It wouldn't be possible to teach you all there is to know about astrology in just one book, but we are going to focus on your true 'soul destiny' which was set up for you at birth. This is one of the most profound aspects in your birthchart, and has taken me some years to understand. It forms the arrowhead of the 'future you', and the rest of your chart supports this development. How inspiring to have insight into this future you, that is your destiny, your reason for being on Earth? By reading this book, even with no astrological knowledge right now, you will be able to do that for yourself.

It will also explain how astrology is a vital, missing step in your empowerment. Remember that it will show you how you can use it *practically*, using your **own birthchart** from this point forward, to live a purposeful, fulfilling and joyful life. I wish you all blessings in that journey. My own life would have been so much less without this secret language of astrology to guide me.